

PAC Events Calendar 2016

PROGRAM	DATE/TIME	NOTES
JANUARY		
Power Lifting Competition	27/ All Day	Marian/Oliver
FEBRUARY		
Weight Loss Challenge	1-29	Marian
March		
St. Patrick's Day 5k Fun Run	17	Oliver
APRIL		
Body Fat Testing	6/ 1100-1300	Jonathan
MAY		
Fat Attack Challenge	1-31	Marian
JUNE		
Body Fat Testing	1 / 1100-1300	Jonathan
JULY		
Body Fat Testing	6/ 1100-1300	Jonathan
AUGUST		
Race Across America	1-31	Marian
SEPTEMBER		
Body Fat Testing	7/1100-1300	Jonathan
OCTOBER		
Power Lifting Competition	26	Marian/Oliver
NOVEMBER		
Body Fat Testing	2	Jonathan
Turkey Trot 5K Fun Run	23	Oliver
DECEMBER		
Reindeer Rally	1-29	Marian
For more information or to register please call: 571-256-9994/703-614-7188		